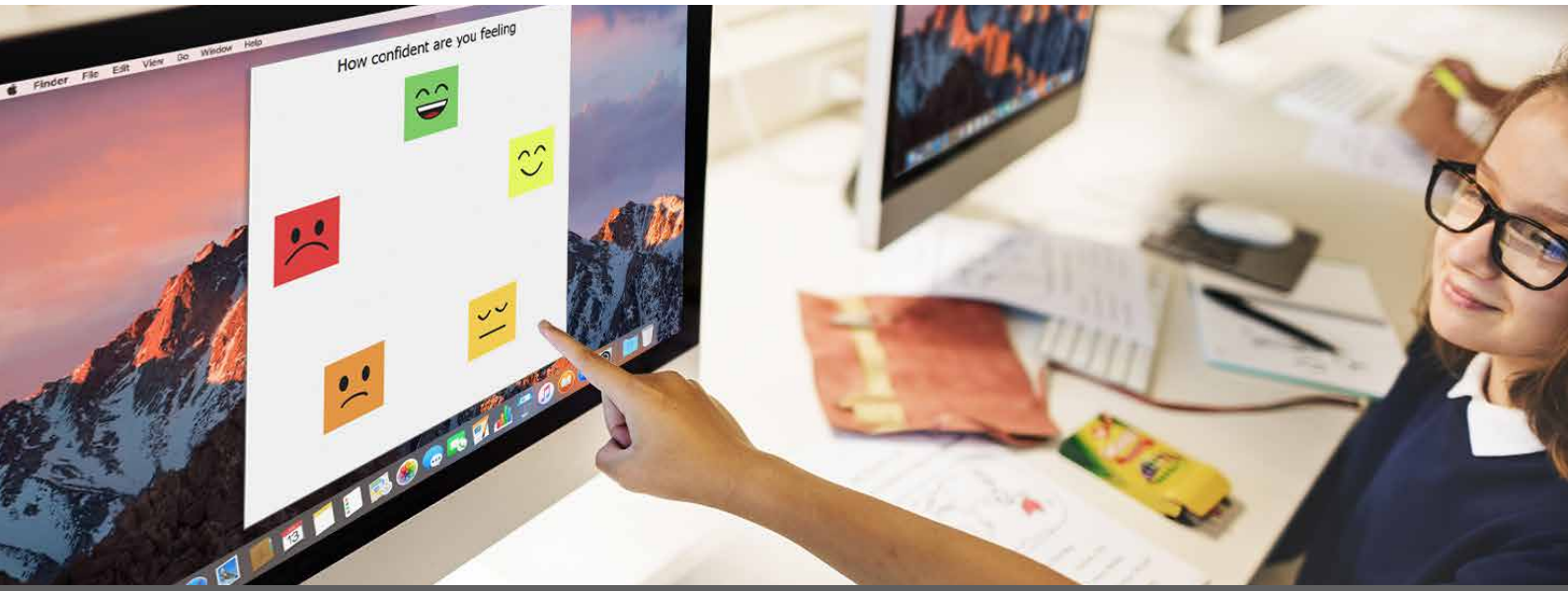



# Supporting student wellbeing in your school

With students' mental health becoming more of a concern, supporting their wellbeing whilst at school has become increasingly important. Exam pressures and online safeguarding issues are just some of the challenges they face that can have a negative impact on their behaviour, progress and mood.

Our classroom management solution, NetSupport School, and IT management solution, NetSupport DNA, can provide schools with a combination of tools and vital insights to give teachers a window into how their students feel and the issues they may be dealing with – as well as allowing technicians to provide a safe learning environment…

## Capture how students feel

Some students feel comfortable talking about their stress and worries, but quieter students may often keep things to themselves. Using a **Student Feedback mode**, you can capture their mood, how confident they feel with lesson topics and whether they need extra support. This tool in NetSupport School uses visual indicators to offer students an indirect and non-verbal approach, as well as an insightful overview for you.





***"Half of mental health problems are established by the age of 14."***

https://www.mentalhealth.org.uk/publications/stress-are-we-coping

## Teaching online safety

Using NetSupport School's classroom management tools, you can confidently educate your students on best practice in the use of social media (e.g. sharing personal information, appropriate language, risk of grooming), enabling them to be more aware of the dangers and how to keep themselves safe online.

## Alleviate exam stress

Build up students' exam confidence by using NetSupport School's online assessment tools to deliver a range of tests frequently throughout the year – with real-time progress and results highlighting to students their understanding of the topic and letting them know which areas they need to work on.

## Monitor vulnerable students

In NetSupport DNA, safeguarding staff can use tools to review concerning trends, high-risk events and vulnerable students' activity. Sophisticated contextual AI risk analysis helps you to focus on high-risk alerts (where there is more likely to be a genuine danger) and allows you to apply your professional judgement to help your students.

*"60% of young people find it difficult not to compare their lives to others online."*

https://www.princes-trust.org.uk/about-the-trust/research-policies-reports/youth-index-2019



## Apply school-wide eSafety

Technicians have an important part to play in keeping stress levels down across the whole school. You can use the tools in NetSupport School's Tech Console to apply a school-wide set of internet and application restrictions that are 'always on' and ensure safe application use to reduce bullying and unsafe behaviours.




In NetSupport DNA, you can also set age-appropriate internet controls to keep inappropriate content out of reach. You can also ensure that all the safeguarding features designed to provide insights to Safeguarding Leads and resources for students to report their concerns to trusted staff are in place and available for use.




*"57% of 16 to 25-year-olds say that social media creates an overwhelming pressure to succeed."*

https://www.princes-trust.org.uk/about-the-trust/research-policies-reports/youth-index-2019

To learn more about **NetSupport School**, click here.

To learn more about **NetSupport DNA**, click here.

*Statistics from Mental Health Foundation and The Prince's Trust.*